

Pre Competitive Tentative Training & Fee Schedule (2025-2026)

The table below outlines the tentative training schedule for Calgary Killarney Artistic Swim Club's 2025-2026 season.

Pre Competitive		
Born in Years	2016-2018	
Training Hours (Includes both pool and dryland hours)		
Hours per week	3h	
Training Days	Monday and Wednesday 4:30PM-6PM	
Training Pool	Killarney Pool	
Competitions/Events Schedule - All dates below are tentative until made official		
Club Halloween Event	Sunday October 26, 2025 Location: Seton Brookfield YMCA	
City of Calgary Figures Meet	TBD	
Winter Watershow	Sunday, December 14, 2025 Location: Seton Brookfield YMCA	
Rocky Mountain Qualifier	February 20-22, 2026 Location: Seton Brookfield YMCA ¹	
Spring Watershow	April 12, 2026 (TBC) Location: Seton Brookfield YMCA	
Spring Splash	May 2, 2026 Location: Red Deer	

www.yycKillarney.com

¹ Pre Competitive athletes may attend this competition depending on their ability level. We will notify parents by the end of November whether we will attend this event or not.



Important Notes/Dates:

Vacations are best planned before or over the winter break or directly following the Rocky Mountain Qualifier competition. Please let your coach know well ahead of time if you plan to miss practice. Athletes that have extended absences leading up to competitions may not be able to participate in the routine events.

- Pre Season (Summer Camp) training at MRU is an optional program for our pre competitive athletes. Registration is open, see the link on our website.
- First Day of Training September 3, 2025
- Winter Break No Training December 19, 2025 through January 4, 2026. Training to resume January 5, 2026.
- Thanksgiving Monday No Training
- Family Day No Training
- Easter Monday No Training
- Last Day of Training April 29, 2026

Program Information

- Athletes must have completed Aqua go level 3 or be able to swim 25m freestyle to participate in our pre competitive program. No artistic swimming specific experience is required.
- Programs will include pool and dryland sessions. Dryland sessions may include (but not limited to) flexibility training, strength, ballet, gymnastics, team landrill, goal setting etc.
- As Artistic Swimming is a team sport, we expect athletes to be at all practices except in cases of injury, illness or bereavement.



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The table below outlines the tentative Fees, Expenses and other commitments for the CKASC's 2025-2026 season. In addition to the Fees and Expenses, there are other commitments related to volunteering and fundraising, as outlined in the **Volunteering & Fundraising Policy** found at www.vycKillarney.com.

Pre Competitive		
Tentative Fees		
Registration Fees ²	\$250 Team Deposit	
Team Fees	\$1650	
Included Clothing	\$240 (Club cap, grey t-shirt, black tank top, black suit, white cap & competition suit with gems)	
Competition Fees ³	\$180	
Pre Season Training	Optional summer camp, separate registration	
Total Program Cost ⁴	\$2070	
Uniform ⁵ and Equipment	Black pants or leggings of your choice and a yoga mat	
Optional Team Items	Club parka, club jacket, club suit, shorts, tanktop, hoodie etc.	
Volunteering and Fundraising ⁶		
Volunteer Commitment	Volunteer the hours listed below. <u>Please review Volunteer and Fundraising Policy</u> .	
	At least 10 hours	
CKASC Hosted Meets	1 shift	
Fundraising Commitment ⁷	\$150 OR option to buyout at registration: \$200 paid over ten team instalments. Please review Volunteer and Fundraising Policy.	

² \$100 of the Team Deposit is non-refundable. Refunds for withdrawals are as per the <u>Fees & Financial</u> <u>Commitment Policy</u>. AAS Registration is a separate fee paid directly to AAS, and not included.

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³ Includes entry fees, spacing fees and athlete fees. Any banquets offered will be invoiced separately.

⁴ Billed in 10 instalments monthly September 5 through June 5.

⁵ Athletes require a full piece swimsuit, goggles, cap and a noseclip to wear at each practice.

⁶ Financial penalties apply if these requirements are not met.

⁷ Any outstanding fundraising will be collected from Team Deposit, or invoiced if the team deposit is insufficient to cover the shortfall.